Bearded Dragon Care Sheet





How often do I feed my bearded dragon?

Young beardies should eat once a day; adults may only need to dine every two days. If beardies don't finish their entire meal, try feeding them less next time.

Can I hold my bearded dragon?

Bearded dragons usually tolerate handling better than other lizards. Regular handling helps bearded dragons get used to people, so you should handle your beardie daily.

What should I feed my beardie?

Bearded dragons enjoy live mealworms, waxworms and crickets that have been "gut loaded," which means fed lizard-friendly vitamins and nutrients.

What size aquarium does my bearded dragon need? A juvenile bearded dragon should be housed in a 10 gallon glass aquarium tank. The tank size will have to increase as the beardie grows. Adults require a 20-50 gallon long glass aquarium tank

Does my beardie needs heat?

Bearded dragons require bright and warm conditions during the daytime. Provide it with a combination of incandescent heat lamps and full-spectrum fluorescent bulbs. Deserts cool off greatly at night, and bearded dragons are usually comfortable without a nocturnal heat source.