



Chameleon Care Sheet



Chameleon diet? A: Feed your chameleon crickets, or waxworms daily.

How often do I feed my Chameleon?

Chameleons need fresh water and food daily.

Are Chameleons great pets? A: Chameleons can make excellent pets in the right circumstances, but they aren't the best choice for everyone. That's because chameleons require an exact care regimen with a more hands-off approach. That might be attractive to some potential owners and not so much for

Do Chameleons need light at night? A: No, any form of light at night can disturb their sleep, and Chameleons need a good amount of sleep to stay healthy.

Do Chameleons need a heat lamp or heat pad? Yes, Chameleons prefer a drop in temperature at night, we recommend a low wattage heat bulb such as a Nightlight Red or Nocturnal Infrared Heat Lamp. UVB Lighting is essential for chameleons to process calcium in captivity.